

Rising Up!



The RISE UP project is transforming Chaurjahari Municipality, Rukum West, by promoting disability inclusion. Over the last 6 months, it has been working with **14** disability and **14** mothers' groups, supporting schools in awareness efforts, and provided assistive devices to over **10** individuals. Additionally, **12** official disability ID cards were issued and **48** beneficiaries are receiving regular therapy and counseling, and accessible IEC materials and radio jingles are helping reshape perceptions. Furthermore, strong municipal collaboration is empowering inclusive governance, inspiring leadership among people with disability, and amplifying their voices for lasting change.

Community Health in Lamjung



This past quarter, HDCS–Namuna Community Hospital led impactful health initiatives across Lamjung District to promote well-being and health. A disaster and health awareness program reached **152** individuals, while eye and dental check-ups benefited **408** students in Sundarbazar. A joint health camp with the ward-2 office served **49** people. NCH also supported a blood donation and health check-up campaign, collecting **75** pints.

Vision

To be living witnesses of God's love and transform communities.

Mission

Spiritual, social, and economic transformation of the disadvantaged, marginalized and underprivileged communities through health, education and community development.

Values

Righteousness is the path of our life,
Honesty is the strength of our life &
Serving others is the duty of our life.

Projects:

Health

- ❖ Chaurjahari Hospital Rukum (CHR)
- ❖ Gunjaman Singh Hospital Chitwan (GHC)
- ❖ Namuna Community Hospital (NCH)

Education

- ❖ Asha Bal Bikas Sewa (ABBS)
- ❖ Kathmandu International Study Centre (KISC)
- ❖ KISC Education Quality Improvement Programme (KISC EQUIP)
- ❖ SAMBHAV

Community Development

- ❖ Community Radio Initiative Nepal (CoRIN)
- ❖ Health Improvement Project Chitwan (HEAL)
- ❖ Medical Emergency Health Response (MEHR)
- ❖ Kotjahari Organic Farm
- ❖ One Health
- ❖ RISE UP
- ❖ Samriddha ra Surakshit Samudaya Rukum (3SR)

Disaster Management

- ❖ Forecast Based Emergency Response Project (FOREBER) - Anticipatory Action
- ❖ Emergency Relief & Resilience (ERR)



At **ABBS**, the spirit of love, compassion, and shared abundance, no matter how big or small, keeps the community thriving. Birthday celebrations here are more than just joyful moments; they're heartfelt expressions of giving and togetherness. Recently, two dedicated teachers marked their birthdays by treating all students to a delicious, wholesome meal, turning their special day into a celebration of care and connection.



CORIN – Staff at our radio stations continue to make meaningful strides in amplifying community voices. Through heartfelt storytelling and consistent outreach, they foster connection, care, and support especially for those most in need. *Dhristikon*, meaning perspective, is a radio program that shares the lived experiences of families, with a special focus on elderly. By retelling their struggles and stories with dignity and empathy, *Dhristikon* has successfully mobilized community support and compassion.

KISC EQUIP, in the last quarter, reached **3,737** people across their projects in Lamjung, Siraha, Kathmandu Valley and Rukum West. Some of the activities covered were providing training and support to student school leaders, subject specific training to teachers, workshop for parents and physical education kits and other essential resources to several schools.



FOREBER project moves forward with the signing of an agreement with Kathmandu University for the repair and maintenance of hydrometeorological stations and monitoring of discharge measurements in the Marsyangdi River. This partnership ensures a meaningful step toward strengthening early warning systems in Manang.

CHR continues to be a beacon of hope for the most vulnerable and needy, teen pregnancy story [here](#).

Triple Blessing



In a remote corner of Bafikot-4, Rukum West, the Rijal family's story is a testament to the life-saving power of timely, accessible, and compassionate healthcare. Pratik and Nabina Rijal, now proud parents of three sons, recently welcomed twin baby boys -born prematurely at just 33 weeks - into the world through the skilled hands of our dedicated hospital team at Chaurjahari Hospital Rukum.

Nabina had never delivered in a hospital before. She was referred to us from the District Hospital of Rukum West, arriving with uncertainty, yet hopeful. She gave birth to twin boys who had low birth weight. Under the watchful care of our pediatric unit, the newborns received oxygen therapy and essential medication to stabilize their delicate health. For five days, the hospital became a haven of healing, offering not just medical intervention, but hope, dignity, and reassurance to a family in need.

Today, the Rijal family returns home with hearts full of gratitude and arms full of life. And in a beautiful twist of fate, all three brothers share the same birth date, guaranteeing a bond that will forever connect them in love and resilience.

SAMBHAV – Transformation is Possible!

In April 2025, HDCS launched a new initiative called SAMBHAV. This project aspires to develop skill, motivation, and provide business acumen to bold, dynamic and passionate changemakers from Chaurjahari who have a hope and vision to build a brighter future in their hometown.

HDCS together with our partner, SAM Global, are investing in their potential and providing them with vocational training opportunities according to their passion. This will enable them to ignite change and bring transformation in Rukum West. By investing in their own communities and creating further opportunities for others, they will not only be champions for development and change but also catalysts for helping reduce the wave of youth migration.

While in Kathmandu training for their vocation, our pioneer cohort will also receive life and business skills. They will also be living together at the HDCS Hostel and build a youth-led support system that learns, uplifts, and rises together.

Introducing our pioneer cohort and the vocational subject they are passionate about:



SUDI KSHYA LAMICHHANE
Advanced Building Electrician



BINA OLI
Professional Beautician



BALIKA OLI
Computer Hardware Repair



DIPESH GIRI
Mushroom Farming



PRADIP BISHWOKARMA
Barista



KIRAN RANA MAGAR
Baking and Cooking



BHARAT BOHORA
Advanced Building Electrician



TOPENDRA BAN GOSAIN
Plumbing