

Blood Bank Saves Lives



This past June, the staff at Chaurjahari Hospital Rukum were able to save the life of three people – a mother and her twin babies. Kanti (pseudonym), a 23-year-old of Jajarkot district had been referred from a local health post to Jajarkot District Hospital for the delivery of her twins, as complications in delivery were anticipated. But when she arrived at the District hospital for her checkup and delivery they found out that she had very low blood volume and would require a transfusion for her surgery, and since she was carrying twins, the staff anticipated a very complicated delivery and advised her to go to a bigger hospital. But fearing a costly hospital bill, she knew that she could not afford to go to a bigger hospital. Hence, she opted to come to the nearby Chaurjahari Hospital: her last resort and hope.

Immediate investigations at Chaurjahari hospital also revealed that she had very low blood volume and would require immediate surgery and a blood transfusion. At CHR, she received three pints of blood and had a successful operation. In the past, our staff would scramble around frantically asking other staff and the patient's family members and other people in the community to donate blood for a needy patient. However, thanks to the Medical Emergency and Health Response (MEHR) project, which equipped our hospital with a refrigerator to store blood, all three lives were saved. This provision has also aided the hospital in having a stock of blood, being better prepared and planned for surgeries. HDCS is thankful to Humedica for their partnership in this project that enables us to save lives and provide emergency care to the most in need.

Namuna Free Health Clinic



Namuna Community Hospital since July has been providing free health checkup services every Tuesday from 10am-2pm at the Paudi Chowk, the entrance of Lamjung District. Patients are provided with psychosocial support as needed and free referrals to NCH and support for their transportation to our hospital. Apart from the Tuesday Free Health Clinic at Paudi Chowk, NCH is providing home care services to patients who are not able to visit the hospital.

Vision

To be living witnesses of God's love and transform communities.

Mission

Spiritual, social, and economic transformation of the disadvantaged, marginalized and underprivileged communities through health, education and community development.

Values

Righteousness is the path of our life, Honesty is the strength of our life & Serving others is the duty of our life.

PROJECTS:

Health

- ❖ Chaurjahari Hospital Rukum (CHR)
- ❖ Gunjaman Singh Hospital Chitwan (GHC)
- ❖ Namuna Community Hospital (NCH)

Education

- ❖ Asha Bal Bikas Sewa (ABBS)
- ❖ Kathmandu International Study Center (KISC)
- ❖ KISC Education Quality Improvement Program (KISC EQUIP)

Community Development

- ❖ Community Radio Initiative Nepal (CoRIN)
- ❖ Chepang Livelihood
- ❖ Community Based Rehabilitation Rukum (CBR Rukum)
- ❖ Health Improvement Project Chitwan (HEAL)
- ❖ Kotjahari Organic Farm
- ❖ Medical Emergency Health Response (MEHR)
- ❖ One Health
- ❖ Samriddha ra Surakshit Samudaya Rukum (3SR)

Disaster Management

- ❖ Anticipatory Action (AA) Lamjung & Manang
- ❖ Sundarbazar Resilience Project



CoRIN – Our radio program will soon be operational in Dang, HDCS now operates 6 radio stations. Our radio stations have had immeasurable impact over the years. A recent visit to a beneficiary, Lali Maya Tamang reveals the impact radio has had over her life and family. Read on: <https://www.hdcsnepal.org/blog/radios-impact-on-lali-maya/>

DRR – Our Disaster and Climate change related projects continue to emphasize and integrate the concepts of disaster preparedness, resilience and disaster risk reduction by ensuring participation of staff from all projects across HDCS. A recent 3-day training on Disaster Resilience for Schools and Community was held from August 6-8th at the central office.

GHC – Our hospital in Chitwan has finally received approval and successfully effectuated the Nepal Health Insurance Scheme and is seeing a rise in number of patients seeking quality care at GHC.



KISC held it's Spring Concert in May which involved a wonderful arrangement of song, music, various choirs, solo recitals and a rousing orchestral production from the KISC Orchestra and Nepal Police Band, the latter as special guest performers.

Kotjahari Organic Farm – HDCS is employing people who have some kind of disability at our Kotjahari Organic Farm to boost their morale and social status as they work, receive horticultural therapy and work to provide for their family. Read here for one such story: <https://www.hdcsnepal.org/blog/empowering-enabling-and-equipping-yamuna/>

To keep up with more news read more at <https://www.facebook.com/hdcsnepal/> and www.hdcsnepal.org

Organic Farming using the One Health Approach



Rukmina Malla Shahi, a 33-year-old female farmer from Chaurjahari, serves as the active secretary of the Manakamana Farmers Group and has been dedicated to this group for the past two years. Recently, her group nominated her for HDCS's One Health Project's Model Farmers Training at the Kotjahari Organic Farm. She has attended three training sessions and shared that she has learned many new things from the training.

After attending these sessions, she feels supported and ready to adopt organic farming practices. Rukmina is actively involved in both agriculture and animal husbandry, including poultry and goat farming. Since attending the training, she has made significant improvements such as creating a compost pit, practising mixed cropping, and using organic fertilizers and pesticides. She has also adopted the One Health approach in her farming practices. Currently, Rukmina is farming on 10,952 square ft. land and she plans to expand her farming area in the future and fully practise organic farming as she now understands and recognizes its benefits for human health, animal health and environmental health.

Improving Education in Rural Nepal



Anjana Neupane, a basic-level maths teacher at Balkalyan Secondary School, shared her experience during a recent maths exhibition organized by KISC EQUIP in their partner schools:

"I love helping students see maths differently. When our school decided to join a maths exhibition, I was thrilled but unsure where to start. Through distance and in-person meetings with the EQUIP trainer, we understood the exhibition's purpose and motivated our team to participate. We made spinner charts, a model village with various shapes, a Pythagorean theorem demo using rice, a square number machine, a real numbers tree, and traditional items like a jato and a plough. Everyone at the exhibition appreciated our work. Additionally, seeing other schools' displays taught us a lot. This event gave us fresh ideas on integrating maths into daily life."

Anjana is now very enthusiastic and delights in sharing these ideas on her social media platforms.