

...on the way with God to his destination.

ABOUT US

Vision

To be living witnesses of God's love and transform communities.

Mission

Spiritual, social, and economic transformation of the disadvantaged, marginalized and underprivileged communities through health, education and community development.

Values

Righteousness is the path of our life,
Honesty is the strength of our life &
Serving others is the duty of our life.

PROJECTS

Health

- ❖ District Hospital Lamjung (DHL)
- ❖ Chaurjahari Hospital Rukum (CHR)
- ❖ Gunjaman Singh Hospital Chitwan (GHC)
- ❖ Public Health Program (PHP)

Education

- ❖ Asha Bal Bikash Sewa (ABBS)
- ❖ Kathmandu International Study Center (KISC)
- ❖ KISC Education Quality Improvement Program (KISC EQUIP)

Community Development

- ❖ Community Radio Initiative Nepal (CoRIN)
- ❖ Disaster Preparedness and Response
- ❖ WASH and Livelihood Rukum (WALI Rukum)
- ❖ Community Based Rehabilitation Rukum (CBR Rukum)
- ❖ WASH in Chepang communities

Partnership and Service



Our Executive Director, Mr. Kapil Sharma, had the privilege and opportunity to join the **Kingdom Voices Seminar** organized by our partner Church Mission Society Ireland (CMSI) in Northern Ireland. The Seminar took place at various churches across Northern Ireland. Kapil presented the work of HDCS and shared several stories about the challenges during the pandemic and the hardships of people in rural Nepal, which has deeply moved and inspired many people. We are grateful for the opportunity and the partnership and we hope for many more strong partnerships in helping serve the poor and needy in rural Nepal.

Chepang Community Disaster Preparedness Project



As part of HDCS' Disaster Preparedness and Response Project, four different wards of Kalika Municipality in Chitwan District were equipped with a trunk that contains emergency disaster stock and equipment. Each disaster stock trunk contains 10 tarpaulins, 5 blankets, 4 safety helmets, 4 pairs of gumboots, 4 pairs of gloves, 4 high-visibility jackets, 4 shovels, 2 axes, 2 hammers, 2 rolls of rope, 2 crowbars, 2 pick axes and 1 stretcher. Each ward office received the Emergency Disaster Stock trunks in the presence of the Mayor, Binod Regmi and GHC's hospital administrator, Mr. Mohan Khadka. In the coming months, our Disaster Preparedness and Response coordinator, Sahara Mishra, along with GHC staff will provide a basic one-day disaster preparedness and response training to around 30 young people in each ward.

ABBS is in need of a new special needs education center building in Chitwan to cater to the needs of many children with disabilities. Please pray for this provision.

ABBS recently celebrated International Children's Day with extra-curricular activities over four days, which included art exhibition, indoor games, sharing of a montage of all students to show them they matter and ending off with a talent show.



HDCS would like to extend our best wishes to Mr. Khim Kandel, who served HDCS as the Education Division Director and KISC EQUIP Director. He has helped empower countless numbers of children and teachers in rural Nepal. We thank God for 18 years of his service and invite you to pray for blessings and favour over his family as they have now moved to the USA. He is now also an Ambassador of HDCS and we look forward to continuing our relationship with Khim. His farewell program was a testament to the outstanding leadership, friendship and encouragement he has provided to us all.

Celebrate Every Child 

Chepang Youth received training on how to become effective radio news and story makers, and create radio programs as part of the Chepang Youth Empowerment program in celebration of **Chepang Afro FMs'** 1st anniversary. Also two wheelchairs were donated to two brothers in need.

Staff from **EQUIP** and EduTech Nepal visited Nuwakot in August to assess the physical facilities of Aishalu Bhumay Secondary School for the possibility of setting up an ICT lab in the near future.

EQUIP teacher trainers also travelled to Rukum West District in September to provide subject specific training to 30 teachers who teach grades 4 & 5, training on Checking for Understanding with 64 teachers, distributed scholarships to 200 students, carried out follow-up activities with 31 teachers, and provided ECD resources to all 8-partner schools.



Our **Community Development** staff received a three-day training on sustainable organic farming and permaculture at Hasera farm.

DHL has started providing dialysis services since August.

We are only 2 months into the fiscal year and CHR has already seen 19,248 patients. CHR also held two medical camps in Salyan and Jajarkot benefitting 420 individuals.

CHR also initiated Blood Group Testing camps in eight localities in Chaurjahari, in which 551 people have recorded their blood group to help facilitate procuring of blood in case of emergencies. Story: <https://www.hdcsnepal.org/blog/blood-matters-in-more-ways-than-one/>

COVID-19 Response Project



Mental Health Matters

HDCS strives to create a healthy working environment for all staff from all backgrounds and places importance on self-care for each staff member. Hence, as part of our COVID-19 response to patients and staff, HDCS organized the second Psychosocial Training for psychosocial counselors from our hospitals in collaboration with CMC Nepal, from 29th August to 2nd September 2022.

All the participants found the training effective, valuable, and applicable as the training integrated topics such as self-care, communication skills, listening skills, psychosocial first aid, suicide prevention, stress management and dealing with GBV survivors.

Jenisha Ghale, one of CHR's counselors, shared how she applied the principles of 3Ls (Look, Listen and Link) with a newly recruited staff member who had a history of mental issues and anxiety. She was under the delusion that Jenisha was a police officer, had come to take her away, and was scared of coming in close proximity to Jenisha. However, Jenisha applied the principle of 3L, and 'linked' the new staff to another counselor who was then able to provide the support that she needed. Our doctors prescribed her medicines and the hospital administration advised her parents to create a supportive and healthy environment at home to aid in her recovery and healing. After recuperating at home for over 2 months, she returned to Chaurjahari Hospital Rukum to resume her duties. She no longer holds any grudges nor bad thoughts towards Jenisha and is able to maintain a healthy and good relationship with all at work.