

Vision

To be living witnesses of God's love and transform communities.

Mission

Spiritual, social, and economic transformation of the disadvantaged, marginalized and underprivileged communities through health, education and community development.

Values

Righteousness is the path of our life,
Honesty is the strength of our life &
Serving others is the duty of our life.

PROJECTS

Health

- ❖ District Hospital Lamjung (DHL)
- ❖ Chaurjahari Hospital Rukum (CHR)
- ❖ Gunjaman Singh Hospital Chitwan (GHC)
- ❖ Public Health Program (PHP)

Education

- ❖ Asha Bal Bikash Sewa (ABBS)
- ❖ Kathmandu International Study Center (KISC)
- ❖ KISC Education Quality Improvement Program (EQUIP)

Community Development

- ❖ Community Radio Initiative Nepal (CoRIN)
- ❖ WASH and Livelihood Rukum (WALI Rukum)
- ❖ Community Based Rehabilitation Rukum (CBR Rukum)
- ❖ WASH in Chepang communities

WASH in Chepang Community



Storing up Treasures in Heaven – a Story of Love and Sacrifice.

HDCS would like to introduce Nisha Praja and Sulochana Thakuri, two of our social mobilizers in Chitwan, who have sacrificed a life of comfort to live a life among unfamiliar, underprivileged, and impoverished people to help bring transformation to their community.

Both Nisha and Sulochana do not speak the local Chepang language and yet are highly driven to help them. They have been a source of encouragement for the Chepang people as they motivate the elderly by extending a helping hand with daily household chores while striking up conversations, a behavior common in remote areas.

They have been sharing information and creating awareness about kitchen gardening, health, and hygiene. They also create awareness regarding our Gunjaman Singh Hospital services, so that no one is left behind in pain and suffering and they are knowledgeable about our free health care services and easy access to care. They have also been instrumental in reinforcing the health-seeking behavior of the Chepang people through timely follow up and counselling through telephone calls and home visits.

They often also engage in providing charity to the poorest of the poor and are highly motivated to bring change to the lives of children in these communities. They believe that working with the young is the key to transforming the community that is beleaguered by low socio-economic status, poor hygiene, alcoholism, early marriages, and teen pregnancies.

In spite of all the challenges present, their drive and enthusiasm remain intact and after overcoming many hurdles they are now loved and accepted by the Chepang community.

Read full story at: <https://www.hdcsnepal.org/blog/storing-treasures-heaven-story-love-sacrifice/>

ABBS Home Visits



Apart from regular online classes, ABBS teachers have been visiting the homes of students to provide support and encouragement to students and their parents. Home visit activities include helping the students learn about household chores, daily living activities, physiotherapy, arts and craft, knitting, informal education and personal hygiene matters.

HDCS Spotlights

HDCS-HQ - We organized a three day training (15th – 17th December 2021) on Basic Mental Health and Psychosocial Support which was facilitated by CMC Nepal.



KISC - Please pray for the student leadership visit to Tansen and **EQUIP** visit to Nuwakot in January.

Please pray for ongoing staffing and financial needs at **KISC**.

Please pray for the safety of **ABBS** teachers who are actively carrying out home visits and online classes for the students of Bhaisepati and Chitwan centers.

CHR is proud to announce the construction of a new birthing center in Tatke, Salyan District.



Praise God that **CoRIN's** Afno FM in Rukum is going to celebrate its 5 years and Okhaldunga will celebrate its 13 years of being established.

DHL was able to help fourteen victims of a road traffic accident. Please pray that such disasters will always be managed well.

GHC carried out a successful health camp benefiting 474 people in the region.

PHP - Livestock and agriculture training has been completed in wards 6 and 7 of Chaurjahari and we are in the planning phase for the construction of toilets in 6 schools.

Medical Waste Management



As part of our COVID-19 Response efforts, HDCS has hired a waste management consultant who will submit reports to recommend how HDCS hospitals should manage their waste in an environmentally friendly manner. Each hospital will receive a report that is tailored to their needs and requirements which will be locally feasible and achievable.

District Hospital Lamjung (DHL)



DHL organized an awareness program in Chepang Basti, where more than 90 people were provided with awareness on COVID-19 and personal hygiene matters. They also received free health checkup and hygiene kits.



Suk and Mana Gurung, husband and wife who are 72 and 68 years respectively arrived for their first medical checkup at our free health camp in Ghermu of Lamjung District. Previously, they were accustomed to seeking help from a traditional healer or shaman for their health needs. At the camp they received general health and eye checkup.

Suk told us that during the first pandemic they indulged in drinking homemade rice wine as a prevention method for COVID-19. Therefore, we took the opportunity to provide knowledge and counseling regarding COVID-19 and its prevention methods. We advised them to wear a mask, practice hand-washing and visit our hospital when they have any health concerns.