

Vision

To be living witnesses of God's love.

Mission

Spiritual, social, and economic transformation of the disadvantaged, marginalized and underprivileged communities through health, education and community development.

Values

Righteousness is the path of our life,
Honesty is the strength of our life &
Serving others is the duty of our life.

PROJECTS

Health

- ❖ District Hospital Lamjung (DHL)
- ❖ Chaurjahari Hospital Rukum (CHR)
- ❖ Gunjaman Hospital Chitwan (GHC)
- ❖ Public Health Program (PHP)

Education

- ❖ Asha Bal Bikash Sewa (ABBS)
- ❖ Kathmandu International Study Center (KISC)
- ❖ KISC Educational Quality Improvement Program (EQUIP)

Community Development

- ❖ Community Radio Initiative Nepal (CoRIN)
- ❖ Wash and Livelihood (WALI)

District Hospital Lamjung (DHL)

This is a story of courage and care. On 31st May 2021, 23-year-old Paro* came to DHL for an Antenatal Care (ANC) checkup, close to her delivery date. According to her, she was suffering from a fever since the last week. So, the doctor recommended her to get a COVID-19 test. An antigen test revealed that she was positive for COVID-19.

She was admitted to the COVID-19 isolation ward for two days. Her contractions started from 7:30 pm and she was transferred to the designated delivery room for COVID-19 positive cases at 9:30 pm. Under the recommendation and guidance of Dr. Hema Devi Chhantyal who has a Diploma in Gynecology and Obstetrics, three nursing staff were involved to manage the delivery.

Initially our team was afraid and reluctant to handle the case. At 10:58 pm a healthy baby boy, weighing 2500gm, was born through normal delivery. This was our first COVID-19 delivery case that we handled successfully.



Community Radio Initiative Nepal (CoRIN), Afno FM

During the nationwide lockdown in Nepal, many people lost their jobs. People were left without food and basic needs. We saw many volunteers come down to the streets to serve food to hungry people who were jobless and homeless. We at Afno FM, got to witness many hungry people in remote villages where there were no volunteers present to supply the needs. Many were homeless, widows, orphans, poor, and jobless who really needed our support.

With the help from our friends in Malaysia, we were able to support 185 families who were in grave need in three different districts in Nepal. We were able to prove that radios not only broadcast programs, but also actively lend a hand to those in need. All those who received food aid were very happy and thankful for our support. Presently, Nepal is facing several floods and landslides in various part of the country and many of the affected people have lost all their belongings. We are praying that we may get more support in order to help such families who have been severely affected by these disasters.

EQUIP COVID-19 Response – Food Distribution

In June 2021, food packages were distributed to 352 families (which benefits on average 1760 people). This relief program benefitted families that suffered from lockdown measures. Distribution was not carried out with discrimination: people from all walks of life and faith received help. All the people that got food were from some of the most vulnerable groups such as self-employed, sub-contracted laborers, small farmers, landless workers, and daily wage workers.

HDCS Spotlights

KISC's online classes have started after the term break, we hope to open school on the compound again next week.

KISC EQUIP is planning to go next week to visit project sites as schools reopen in some parts of the country.

Please pray for ABBS students who have developed epilepsy and behavioral changes due to the lockdown and staying home for more than a year.

CHR completed 3-day training on COVID-19 to 71 hospital staff members. The contents covered included Adult and Pediatric COVID-19 update and its management, short- and long-term complications of COVID-19 in adult and pediatrics and their management, prevention of COVID-19 including vaccine and home quarantine and isolation.



Praise God that CoRIN's proposal for Chitwan Chepang Radio has been approved by our friends in the UK for the studio setup.

Praise God that the Construction of Emergency Block, Isolation Ward and PCR Lab Building is going on at **DHL**.

We would like to welcome volunteer doctor, Dr. David and his family, who have joined us to serve together at **GHC**.

PHP's Social Mobilizers are continuing awareness programs in 16 communities in Rukum West. The awareness programs are focused on Maternal and Child Health (MCH), Water, Sanitation and Hygiene (WASH), and Nutrition.

Asha Bal Bikash Sewa (ABBS)



Sam* is a 16-year-old student who has moderate autism. Before he joined ABBS, his mother didn't believe that he could be helpful at home. His mother and the family's attitude towards him were, "Why teach a son to do chores who is disabled?"

But after joining ABBS, he along with his parents had the opportunity to learn a lot about his potential and capabilities. His parents with regret said, "We were at fault for not having knowledge how to cope with his condition."

Now, Sam has learned to socialize with friends, family, and teachers. He has developed good behavior which is very visible. Since the first lockdown, he has been at home for 15 months and has learned many practical skills. He is now able to have two-way conversations and actively helps his mother with small household chores which she claims has been a great achievement for his family.

During the second wave of COVID-19 in Nepal, he, along with his family members, contracted the virus. His parents had difficulties in their health because of the virus. Fortunately, he was better compared to his parents. As he saw his mother and father in difficulty, he started doing small household chores independently at home without telling others. Sam now washes the dishes at home and keeps the house clean.

His parents were very surprised and happy to see their son doing household chores to help. They were very grateful that their son was helping them and realized that regardless of his condition, he is capable of doing anything. His parents expressed with joy, "The moment we realized he was doing household works, we forgot all our pain, sorrows and problems."



Barbara Foundation COVID-19 Distinguished Award

We want to extend our congratulations to Dr. Kaleb Kumar Budha, the Medical Director at CHR. Dr. Kaleb received COVID-19 distinguished award by The Barbara Foundation at Rastriya Sabha Griha in Kathmandu on 31st July 2021 for his selfless contribution and dedication during the COVID-19 pandemic in Nepal. He was one of the recipients out of 87 frontline workers including healthcare institutions that were awarded.

