



SUCCESS STORY



Bir Bahadur Budha developed deep wounds on his hands and legs and soon he lost his ability to walk. His family thought an evil spirit must have cursed him and they sacrificed chickens and goats to appease the Gods. He did not recover and remained bedridden for several months.

One day, a friend told him how so many people have recovered in HDCS Chaurjahari Hospital (CHR) and asked him to visit the hospital. With a bit of hope, Bir along with

his family came to the hospital. However after five months of treatment at CHR his wounds still did not heal. He was sad and miserable with his condition. Being the bread earner of his family he constantly worried about his family. He sometimes wished he could die than to see the pain he has brought upon himself and his family. CHR Doctors encouraged him to think positively and the staff regularly prayed and spoke to him to give him hope and comfort.

His case was rare and it was difficult to find a clear diagnosis however the team at CHR did not give up and did everything to help him. Finally after 10 months he recovered, his wounds healed and he was able to walk again.

Before Bir was discharged he said “I never thought I would be able to walk again or even return home but today I am filled with joy and hope towards life. Thank you Chaurjahari hospital for you compassionate care, prayers and efforts for giving me this new life”. CHR provided Bir and his wife free food and treatment of Nrs.145, 000 (Euro 1260) for 10 months treatment and recovery time.

Project Activities



- 1. Construction and Building:** Lamjung District Community Hospital (LDCH) is currently building the Emergency Block to cater to the growing number of patients,

Fig. 1 LDCH Emergency Block building in progress

it is also raising funds to start with construction of the staff building.

Similarly CHR is expanding the hospital building by constructing a new Emergency Maternal Ward due to the increasing number of institutional birth.



Fig. 1.2 KISC's ongoing Building Construction



Fig. 1.1 CHR Maternal Ward Construction

Also the Kathmandu International Study Centre(KISC) will be moving to its new site in Thecho, Lalitpur by this December, KISC is also fundraising to complete the school building.



Fig. 2 Road blocked by landslide in Chaurjahari Rukum

2. Landslides and continuous rainfall in Chaurjahari: CHR faced severe weather challenges in the midst of the construction of the maternal ward. CHR was already facing the challenge of having to get the building materials to hospital site due to its remote location and then it faced a double burden of not being able to get the materials to on time due to blocked roads from the landslides.

3. Transportation to reach communities faster: Community Radio Initiative Nepal (CoRIN), Afno FM received support from Feba UK to buy scooter from transportation purpose. The scooters will be used to reach communities in Okhaldhuga and Dadeldhura that are further away from the towns. Thank you Feba UK for your kind support.

4. School Health Program: Public Health Program started its 1st quarterly School Health Program in Lamjung in 8 village municipalities. The program is a combination of health awareness classes, reproductive health education, water and sanitation. The PHP also distributes education material, water jar, and soaps according to the needs of the school health. This program is created to engage



Fig. 3 During the HIV awareness sessions

with the school health clubs and to promote health issues. Currently, PHP is spreading awareness about HIV aids and menstruation hygiene due to the high number of teenage pregnancy and HIV aids.



Fig. 4 ABBS children in their cultural dress activities for the children.

- 6. Teacher training:** KISC EQUIP travelled to Palpa to provide teachers training

- 5. Weekly Camp:** Asha Bal Bikash Sewa has a fun filled week at the centre. Every year ABBS organizes a weekly camp to celebrate children's day. The weekly camp is filled with fun games and



Fig. 5 EQUIP team with the school teachers pose for a picture

News Updates

1. Farewell Program:

Dr. Tirtha Thapa who has been with HDCS for over 25 years as the Executive Director was given a farewell on 20th August by HDCS as he transferred his leadership role to Dr. Nastu the new Executive Director. HDCS is grateful for Dr. Thapa's hardwork and dedication to HDCS journey thus far. It was also a day to remember the vision of HDCS and to think about the future plans HDCS has.



Fig. 6 Dr. Tirtha Thapa receives a bouquet from Ms. Bishnu Singh (an Executive Member of HDCS)

Over 200 leaders from different aspects of life were present in this program.

2. Dr. Kaleb Medical Director of CHR hospital is currently in Severance Hospital South Korea receiving an ECHO cardiogram training this September.
3. Thank you to those who supported us to reach out to recent flood and landslides affected communities in our work areas.
4. Work in progress – the HDCS strategic plan for next 10 years. We are about to complete the concept note for the consultations with our partners.
5. **Good News for HDCS:**

HDCS has a special and exciting news to share, the HDCS - Public Health Program in Maternal and Child Health became the Gold Winner of the prestigious International Project Management Associations (IPMA) Award that was held in Kazakhstan early this September. We give

special thanks to our partner IN Australia and all who have contributed to the work of PHP, it is with your support and encouragement we have won. Praise the Lord!



Fig. 7 The IPMA Winners

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